### **TALK UP TAIHAPE**



Taihape Community Development Trust - June 2023

### Working for our community

Finding staff is a challenge, not only for our local businesses but for all businesses, more so now than ever, and we can help.

Our website www.taihape.co.nz now includes a Vacancies page. Email your vacancy in A4 format (PDF preferred) to admin@taihape.co.nz and we will upload it to our website. Make sure you include a closing date for applicants. We can help you prepare your advertisement for a small fee.

The Trust can also help your non-profit group with support such as printing, funding applications and helping develop events that promote your activities.

With Matariki not far away, coming this year on 14 July, the Trustees and staff are busy working on the next round of events and projects.

We are well into Spring Fling plans for 16 September, so now is the time to register your interest by email to admin@taiahpe.co.nz or phone 06 388 1307.

Ngā mihi Pania Winiata Project and Events Coordinator

## OKAKA ANGUS

2 yr Bull Sale Thursday 15th June 2023 1pm



Bred on steep hill country for steep hill country
Includes pure New Zealand genetics
Open Day Tuesday 6th June 2023 1—5pm
On farm and yourbid online auction



#### PAUL & SUSANNAH REVELL





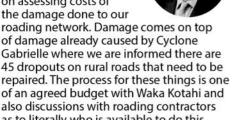
## Council News

June 2023



### FROM THE Mayor'S DESK

Clean-up from the flood event last month seems to have gone reasonably smoothly. We are working on assessing costs of



as to literally who is available to do this work. With the amount of damage in the North Island over recent times, all of the contractors are incredibly busy so it may well be a case of waiting for our turn.

Last week we welcomed four new citizens to the Rangitikei district. They featured people from Samoa,



Ireland and India. Linda McAlister been congratulated on We originally had her citizenship by Mayor Andy Watson. a larger group apply but because of illness or commitments elsewhere they were not all able to attend this time. One of the nice things about having a smaller ceremony is that you actually get time to spend with the people and understand why they've come to New Zealand and what they're currently doing - and just being able to personally welcome them here.

Ngā mihi, Andy Watson, Mayor of Rangitikei.

### Rangitīkei District Council Chief Executive returns to Christchurch

Chief Executive Peter Beggs has tendered his resignation and will be leaving Council on 18 August 2023. Beggs, who has been in the role since 2019, is returning to Christchurch to take up a Chief Executive position with Apollo Projects.

Mayor Andy says that while Council is sad to see Peter go, they understand the motivation to grow his career and to be closer to his family and has accepted his resignation on that basis. "Peter has achieved a lot during his time with us and is regarded as having made significant progress in Council Health and Safety and Staff culture. Peter has been a key advocate for Rangitikei when it came to the Three Waters Reform and established a Project Management Office to manage key Council projects. We wish him well in his new role, and thank him for his service to our community"

Beggs says that his time being part of the Rangitīkei District Council has been an honour.

"I have truly loved working for Council, and I am very proud of the huge improvements we have made for the benefit of our community, and the work of my colleagues and staff."





# THE POUND LICENSE YOUR HOUND!

# DOG REGOS NOW DUE!

Save money! Pay before 31 July 2023 to avoid a late payment fee.



Pay online:

www.rangitikei.govt.nz/dogs



Pay in person:

Taihape Library, Hunterville Village Bookshop, Marton Office and Te Matapihi, Bulls.

For more information phone our Customer Experience team on 0800 422 522





rangitikei.govt.nz

# CROCHET A TOY



The course will enable you to develop skills on how to follow amigurumi patterns (toy patterns) resulting in lovely keepsake cuddly toys.

By the end of the course you will be confident in making your own cuddly toy. The course is designed primarily for someone with basic crocheting skills, however beginners are most welcome.

ONCE A MONTH IN TAIHAPE
DATE & TIME TBC - \$5.00 + MATERIALS

### REGISTER YOUR INTEREST NOW

OFFICE@RUAPEHUREAP.CO.NZ OR (06) 388 0109







We are here to support family/whānau and any one in our community affected by Dementia

If you have concerns about Memory loss; Changes in cognitive behaviour or a Diagnosis of Dementia, and would like to see Fiona to discuss your concerns, please ring or email her to book a time to meet.

Fiona will be in Rangitikei on Monday 31st July 2023

Taihape 9.30 a.m.—12.00 noon Marton 1.30 p.m.—3.30 p.m.

Contact details: Fiona 027-557-4073

Email: livingwell@alzheimerswhanganui.org.nz



## Rustic Steak House

21 Mataroa Road Taihape Open 12pm to 8pm Tuesday to Saturday

Private function room—family friendly—locally owned phone 06 388 0913 to book your table

Why not try Rustic Eating House in Waiouru? Open Tuesday to Saturday 9am to 4pm

### **Taihape Community Board**

### What do we do. When do we meet.

### Who are we. How to become involved.

We represent the people of the Northern Ward from Ohingaiti to Moawhango and Pukeokahu Junction. We are your voice to the Rangitikei District Council. We make submissions to the council's annual plans and policy proposals. The council looks for the board's views on issues that affect Taihape.

We hold bi-monthly meetings on the second Wednesday of the month at Kokako St Hall at which the public are welcome. Individuals and organizations can make submissions, ask for our assistance and air their views. Already this year we have had submissions from groups regarding housing in Taihape and the preservation of town hall and the need for local involvement in this.

Every other month we hold workshops to plan informally explore actions that we can do on behalf of the community.

The board comprises four elected members: Peter Kipling-Arthur, Emma Abernethy, Gail Larson and Les Clarke plus the Ward councillors, Gill Duncan and Jeff Wong.

If you have questions, ideas, or problems with the Rangitikei District Council the members of the Taihape Community Board are here to listen, support and guide you through the process of interaction with the council.

In the last month we have submitted to the council on the annual and spatial plans; especially emphasizing the desire of the wider community for a Civic Centre in the current Town Hall complex plus the needs of Mangaweka for some safer pedestrian crossings [this also has implications for Taihape]. Contact has been made with people in Ohingaiti regarding their concerns over some aspects of their roadside presentation.

If the community has concerns or suggestions for the Taihape Community Board, please contact members or write to us, care of the RDC offices. A written or emailed communication is always welcome and will guarantee a response.

Peter Kipling-Arthur Chair, Taihape Community Board 021-023-39254

### **Events Calendar**

- 10 June 9am to 1pm Taihape Community Market St David's Hall, Huia Street
- 1 July 2pm Concert to Bring Some Winter Cheer
   Arcadian singers and Whanganui Male Choir
   St David's Church, Huia St Taihape. Admission \$15
- 14 July Matariki Public Holiday
- **16 Sep** Spring Fling at the Outback, Taihape. Register your interest at admin@taihape.co.nz

List your event for free in Talk UP Taihape Email admin@taihape.co.nz or call 06 388 1307



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### Serving the entire Rangitikei!

### NATUROPATH

- KAREN HUGHES -

### Prevention is Better Than a Cure!

### Strengthening Your Immune System.

The following herbal suggestions may give you some idea of how to approach the issue of strengthening your Immune system.

### Prevention is always better than Cure!

- Andrographis & Astralgalus both help to prevent infections such as colds and flu especially Upper Respiratory infections
- Echinacea enhances resistance to infections
- \* Garlic for the prevention and treatment of colds and flu. Nature's Antibiotic
- Zinc Many New Zealanders have low levels of zinc, which can weaken the Immune System response
- Vitamin C a natural anti-bacterial / antiviral agent
- \* Other herbs Olive leaf. Pau D'arco
- \* Weleda Colds and Flu A homoeopathic combination remedy, for "Colds and Flu" If taken in small regular doses initially, it can often prevent an infection from "Taking Hold" of our immune system, thus avoiding days or weeks feeling unwell.

### A MUST HAVE for the Herbal First Aid Kit, along with vitamin C!

Probiotics Evidence supports that a large amount of our immune system benefits hugely by the regular intake of a quality probiotic. If our gut working well goes hand in hand with an optimally functioning immune system.

#### Are Your Zinc Levels Low?

If you experience any of the following symptoms, your zinc levels may be low:

- \* Recurrent colds, flus and/or infections;
- Poor appetite, reduced sense of taste and/or smell;
- \* Sluggish digestion;
- Slow healing, acne and other skin conditions;
- \* Infertility;
- Sugar cravings; and/or stress, anxiety, and depression.

### The Low-Down on Zinc Deficiency

Many people are deficient in zinc. Inadequate dietary intake, increased physiological needs, or a diet high in sugar or alcohol are common causes of zinc deficiency.

#### Vitamin D

In the last 3 years we have heard of the importance of maintaining our levels of this vitamin. Not only has it been proven to help our emotional wellness in winter, it also has strong support to be in our winter herbal supplement regime.

#### Conclusion

At the first stage of any cough or cold, have vitamins and herbs in small and very regular amounts. Combine rest and (several) good nights' sleep, for your immune system to do its best work!

Naturopathic Consultations; Clinics in Ohakune and Taihape





### Available off the floor now

SUZUKI:

LT-A750 Auto P/Steer \$18,999

LT-A500 Auto P/Steer \$17,999

CAN AM:

Outlander 570XU \$17,219

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Rear Catcher Ride on TC138T ex Demo \$6,500

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Manager/Sales: Richard Troon
Workshop: Luke Smith & Josh Hammond

122 HAUTAPU STREET TAIHAPE

0800 001986



The Arcadian singers and the Whanganui Male Choir present

cheer and entertain you.

# Concert to Bring Some Winter Cheer



# 2pm Saturday 1 July St David's Church, Huia St Taihape Admission \$15

If you're feeling the onset of the winter blues, come along to St David's Church Taihape, at 2pm on Saturday 1 July 2023. The Taihape Arcadian Singers are pleased to host a concert, which will bring together the Whanganui Male Choir and the Arcadian Singers in a programme of songs guaranteed to

The programme will be diverse and interesting as each choir performs a selection of their own music. The programme on Saturday 1 July will include both familiar and new 'Songs of Home' from the Arcadian Singers, and the Male Choir will bring songs from their 'Night and Day' repertoire. The concert will conclude with two songs by the combined choirs.

The Whanganui Male Choir has been active since 1898, while the Arcadian Singers have 41 years of singing. Both choirs exist to foster and maintain enthusiasm for choral singing, and to share their love of music with their community and further afield.

The Arcadian Singers are always happy to welcome new members. For enquiries please contact Esmé Haigh on 027 309 1809.



NOW AN OFFICIAL

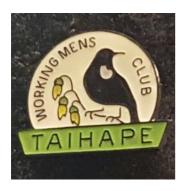


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## Taihape Workingmen's Club



### Sunday 25th June at 1pm

Nominations for President (1 required), Vice President (1 required), Committee (5 required) open 1st June and close on Sunday 19th June, to be handed to the Club Manager.

Notices of Motion open 1st June and close on Sunday 25th June, to be handed to the Club Manager.

Voting will be held on Sunday 25th June after the Annual General Meeting.

### Local groups contact pages

Serving Taihape and our region

Taihape Arcadian Singers contact Esmé Haigh 027 309 1809

**Taihape Art Society** meets every Monday 10am to 2pm contact Veronica Yardley 027 412 8855

**Taihape Community Garden** help out at the community garden, contact Evelyn George 021 089 8672

**Taihape Contract Bridge Club** meets every Monday 7pm contact Marian Cleaver 06 388 0056

**Taihape Freemasons** meets every 3rd Thursday 7pm contact Greg 0274887555 or Stu 0273743145

**Taihape Friendship Group** meets every 2nd and 4th Wednesday at 10am contact Karen 027 240 2593

**Taihape Garden Club** meets every 1st Thursday at 7pm contact Cate McCartin 021988024

**Mainly Music** for babies to pre-schoolers Thursday 9:30am to 11am at St. David's, contact Jessica Baird 021 143 1591

Looking for a local group that shares your interests?

Taihape has a vibrant network of groups for everyone.

List your group here for free.

Contact the Trust on 06 388 1307 or email admin@taihape.co.nz for details.

### Taihape Men's Group

meets the 2nd Friday of the month at 1pm contact Warren Couper 06 388 0199

**Taihape Museum** open Sundays 11am to 2pm contact Frances McKeown 021 0880 5952



Taihape Older and Bolder contact Marian Cleaver 06 3880056

**Taihape Rotary** meets every 2nd and 4th Tuesday of the month at 5.45pm, Rustic Steakhouse, contact Theona Ormsby 021 122 2792

**Taihape Spinning Group** meets every 1st and 3rd Wednesday 10.30am to 3pm, contact Jenny Abernethy 06 388 1620

**Sustainable Taihape** sewing and working bees contact Vanessa Witt 020 410 31577

**Gumboots Brass and Wind Ensemble** is a new community band program based in Taihape, contact Kathy 021 689 005

**Te Roopu Oranga** for Tai Chi/Sit Fit for Kaumatua 65+ Tuesday 2pm to 3pm and Thursday 10am to 11am Hospital Cafeteria, contact Mokai Patea Services 06 388 1156

**Taihape Walkers Group** meets every 3rd Saturday contact Warren Couper 06 388 0199

**Taihape and District Women's Club** meets every 1st Wednesday at 1.30pm, contact Viv Tantrum 06 388 0635

**Whānau Hobby Hut** is taking a break, contact the Trust for any details 06 388 1307

## **Buying? Selling? Think**

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### Services Available in Taihape

### **Horizons Bus**

Pick up 1st Thursday every month to Whanganui Pick up 3rd Thursday of every month to Palmerston North Buses leave at 9am from the Taihape Railway Station and then at 9:05am from the Town Hall Leaving at 3.00pm to return to Taihape Return fare \$28.00pp, children under 5 are free Gold cards holders half-price

### **Taihape Rural Health Centre**

3 Hospital Road, Taihape 06 388 0926 Monday to Friday 8:30am to 5pm Saturday 9am to 12pm

Taihape Public Library, Information Centre & Services 102 Hautapu Street 06 388 0604 Daily 9am to 5pm

### **Taihape Pharmacy**

85 Hautapu Street, Taihape 06 388 0000 Monday to Friday 9am to 5pm

### **Taihape Neighbourhood Support**

Contact Elizabeth Mortland 06 388 565 or 021 0261 6002

### **Koha Shed**

Contact Beryl Kawau 027 265 9414

### **Taihape Transfer Station**

Manu Road, Taihape
06 388 0170
Monday 7:30—11:30am
Tuesday CLOSED
Wednesday 7:30—11:30am
Thursday CLOSED
Friday 7:30—11:30am
Saturday 8am—3pm
Sunday 8am—3pm
Closed public holidays

#### You can recycle:

√ Cans

 $\sqrt{\phantom{a}}$  glass and plastic bottles

√ cardboard boxes

√ clean paper

Special conditions apply to paint, green waste, e-waste, household appliances and dangerous goods

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Mowing lawns in Taihape since 2020

### We are hiring!

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**The Koha Shed Taihape** is a place where everyone can come to find something they need from the collection of donated clothes, toys, books, bedding, and other household items. It works with a balance of 'give and take' so needs can be met and nothing goes to waste.

10.30am to 1.30pm Monday to Wednesday St David's Hall on Huia Street

### TAIHAPE MUSEUM needs YOU!

Love HISTORY?

**Custodian: -** Be the smiling face of the museum to visitors from all over the world. We require a person or couple to volunteer once a month

**Data Entry:** - Entry level needed only and it would be in your own time too! We need a volunteer to enter catalogued objects in the museum with their descriptions/photos into our computer. Call Frances #021 0880 5952.

### Gardening in Taihape

In this issue we look at Club activities over the past year.

The Taihape Garden Club, under Brook O'Donnell, has had another successful year. Apart running our monthly meetings, Brook organized a number exciting day trips for members.

The highlight of the year was a trip to Government House, in Wellington; we were met by the staff and privileged to have a guided tour, not only of the house, but of the garden itself. Followed by lunch in Newtown, members had wonderful day, which was entirely funded by our annual plant auction.

Cate McCartin has just taken over from Brook and she a great programme ahead for us—members have just enjoyed a mid-winter dinner.

The bloom table has always been the main feature of our monthly meetings where members see what can be grown in our climate. The display on this occasion, the very first day of winter, was outstanding. Taking the honours was a beautiful pink luculia. This shrub, though growing in frosty Taihape, is far from its home in Brazil.

Members look forward to another enjoyable year.

With Thanks

Gordon Collier

Taihape Garden Club.

Like/share/read comment on our Facebook Page





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### by Daniel Duxfield

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AT 5:30PM AT THE OLD TAIHAPE COLLEGE GYM \$10 CASUAL / SESSION

PERSONAL TRAINING UPON REQUEST \$40 / SESSION

### TAIHAPE FRIENDSHIP GROUP

Meetings 10.00am—1.00pm 2<sup>nd</sup> and

4th Wednesday every month.

**Venue:** Taihape Rugby Rooms

34 Kuku Street, Taihape

Cost: \$ 5.00 - on the day if NOT

staying for lunch

\$10.00 - on the day if you would like to have lunch with

the group

\$15.00 Annual Membership

Fee

**Contact:** Karen – 027 240 253 (please RSVP for catering purposes)



For all your Store Stock & Fat Stock requirements give us a call

#### CONTACT OUR AGENTS

Stephen Harris (0274 423 546) Blair Robinson (0274 855 356) Mark Anderson (0274 691 004)

Office: 163 Gorge Road, RD 4 TAIHAPE - PH: (06) 3881917
E:info@stephenharrislivestock.co.nz www.stephenharrislivestock.co.nz

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## **John Hewitt**

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- iohn.h@arizto.co.nz

Licensed Salesperson (REAA 2008)

### **Tony Hewitt**

- **027 449 2289**
- tony.h@arizto.co.nz

Licensed Salesperson (REAA 2008)

### THANK YOU

The Taihape Community Development Trust would like to thank the following organisations for providing grants towards projects and events that were organised for our community.

> Taihape Community Board Community Matters - Lottery Communities



















# TALK UP TAIHAPE Advertising Prices and Deadline

Prices per issue

Full page (A5) \$50 Note we print in black and white Half page \$30 Advert design and formatting \$15

Quarter page \$15 All prices include GST

**Voluntary Groups and Organisations**, advertise your meetings and events in our community classifieds for FREE (subject to availability).

July issue advertising deadline 12pm Friday 7 July 2023

Publication and distribution Monday 10 July 2023

Email Kathy: admin@taihape.co.nz or call 06 388 1307.

Online version available through www.taihape.co.nz.

The Trust acknowledges the ongoing support of Pete Smithies Media.

### Films coming up at the

## Majestic Theatre

5c Tui Street Taihape

"Cinemas are where memories are made"

MET OPERA: FALSTAFF E 165min one screening- Thursday June 15th at 4pm

BOOK CLUB 2 M 108min 4pm Sun 11 June

A GOOD PERSON R16 128min 6pm Fri 9th June, 7pm Sat 10th June, 4pm Sun 18th June

> HYPNOTIC R13 93min 7pm Sun 11th June, 7pm Sat 17th June,

YOU HURT MY FEELINGS tbc 133min 6pm Fri 16th, 7pm Sun 18th

THE FLASH M 144min 6pm Fri 23 June, 4pm Sun 25 June, 7pm Sun 2 July

TRANSFORMERS: RISE OF THE BEASTS tbc 117min 7pm Sat 24 June, 7pm Sun 25 June, 7pm Sat 1 July, 4pm Sun 2 July,

LITTLE MERMAID PG 135min 2pm Sat 1 July, 1pm Sun 9 July, 1pm Fri 14 July, 1pm Sat 15 July

> CATS IN THE MUSEUM G 79min 1pm Sun 2 July, 11am Fri 7 July, 1pm Sat 8 July

MY SAILOR, MY LOVE tbc 103min 6pm Fri 30 June, 7pm Sat 8 July, 4pm Sun 9 July

INDIANA JONES: DIAL OF DESTINY tbc 154min 6pm Fri 7 July, 7pm Sun 9 July, 7pm Sat 15 July, 4pm Sun 16 July

Please check our Website, Facebook page or phone recording for the movie schedule for the week in case of changes to the screening dates and times.

Website: majestictaihape.co.nz